



October 2016 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3. Taco Soup WG Corn Tortilla Chips Fresh Broccoli Pears Snickerdoodle Cookie (9-12) Milk	4. Whole Grain Corn Dog Fresh Carrots Pasta-Veggie Salad Apple Milk NO Opt. Salad	5. Chicken n Noodles Mashed Potatoes Corn Roll Pineapple Chunks Milk	6. Chicken Fajita Salad w/wg Chips Refried Beans Cinnamon Bun Pears Milk NO Opt. Salad	7. Cowboy Cavatini Tossed Salad w/ Spinach Steamed Carrots Whole Wheat Roll (9-12) Fresh Banana Milk
10. NO SCHOOL Teacher In Service	11. Pork Rib on a Bun Romaine & Tomato Tri-Tater Green Beans Fresh Kiwi Milk Opt. Side Salad One (6-12)	12. Lasagna Garden Spinach Salad Whole Grain French Garlic Bread Apple Milk	13. BBQ Grilled Chicken Patty Mashed Potatoes/Gravy Steamed Carrots WW Roll Mandarin Oranges Milk Opt. Side Salad One (6-12)	14. 1/2 Day of School NO LUNCH
17. Pig in a Blanket Potato Wedges Broccoli w/Cheese Mandarin Oranges Milk	18. Chicken Wrap Romaine/Tomato Spanish Rice (6-12) Steamed Carrots Cinnamon Apples Milk Opt. Side Salad One (6-12)	19. Skroodlegetti Salad Peas (9-12) Garlic Bread Sticks (9-12) Peaches Milk	20. No School 1/2 Day In Service 1/2 Day Collaboration	21. NO SCHOOL
24. Hamburger/Bun Romaine/Tomato Sweet Potato Fries Oatmeal Cookie Pears Milk	25. Chicken Nuggets Mash. Potatoes/Gravy Broccoli WW Roll (6-12) Strawberries Milk Opt. Side Salad One (6-12)	26. Chili Celery/Cucumber/Carrots Cinnamon Roll Peaches Milk	27. Baked Ham Baked Beans Basil Potatoes WW Roll Apple Milk Opt. Side Salad One (6-12)	28. Roast Beef Gravy Mashed Potatoes Corn Biscuit Rosy Applesauce Milk
31. Cheeseburger Pockets Potato Wedges Broccoli Tropical Fruit Milk				

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk

Extra Milk is .35

ALL students will have choices of fruit (K-12)

ALL BREADS made in the USD 270 Kitchen are Whole Grain

This Institution is an Equal Opportunity Provider